

SPEEDOMEETING 2026: Session: 3: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Debeuckelaere Sindy HEADCOACH

Coaches: Tieghem Kristof

Coaches: Lefever Valerie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M FREESTYLE MEN 10-9				Heat:1, starttime: 14:00
Heat: 1/2 Lane : 3 Athlete: DOOMS VIC				Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): 01:33.66 SB: no time		
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 10-9					Heat:2, starttime: 14:10
Heat: 2/2 Lane : 8 Athlete: VANHAECKE HANNAH					Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): 04:09.63 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:2, starttime: 14:20
Heat: 2/24 Lane : 8 Athlete: DECEUNINCK EMMA					Q-time: 99:99:99
PB (50m pool): 03:29.57 Lago Kortrijk Weide 28/04/2024		PB (25m pool): 03:05.11 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:29.57	
	no time				
					

Coach feedback:

SPEEDOMEETING 2026: Session: 3: COACH evaluation sheet for TEAM: ZB

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:4, starttime: 14:25
Heat: 4/24 Lane : 9 Athlete: DE DEYNE PAULIEN					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:53.67 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:5, starttime: 14:30
Heat: 5/24 Lane : 7 Athlete: DEMAREST JAYDA					Q-time: 03:37:24
PB (50m pool): 03:35.35 Kortrijk 26/12/2025 PB (25m pool): 03:34.67 SB: 03:35.35 Kortrijk 26/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:54.59	01:51.00	02:48.04	03:35.35	
	00:54.59	00:56.41	00:57.04	00:47.31	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:6, starttime: 14:35
Heat: 6/24 Lane : 4 Athlete: DECAESTECKER OONA					Q-time: 03:23:15
PB (50m pool): 03:20.35 Kortrijk 26/12/2025 PB (25m pool): 03:19.17 SB: 03:20.35 Kortrijk 26/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.59	01:39.16	02:35.66	03:20.35	
	00:48.59	00:50.57	00:56.50	00:44.69	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:7, starttime: 14:40
Heat: 7/24 Lane : 6 Athlete: HOSTEN IRIS					Q-time: 03:20:55
PB (50m pool): 03:20.46 Brugge 01/02/2026 PB (25m pool): 03:13.38 SB: 03:20.46 Brugge 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.23	01:31.85	02:40.83	03:20.46	
	00:45.23	00:46.62	01:08.98	00:39.63	
					

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11+					Heat:11, starttime: 14:55
Heat: 11/24 Lane : 3 Athlete: VANDAMME BRITT					Q-time: 03:06:09
PB (50m pool): 03:06.09 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 03:00.76 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.83	01:30.99	02:25.92	03:06.09	
	00:43.83	00:47.16	00:54.93	00:40.17	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:13, starttime: 15:00
Heat: 13/24 Lane : 3 Athlete: TOMMISSEN SIMONAH					Q-time: 02:59:65
PB (50m pool): 02:59.65 Antwerpen 13/07/2025 PB (25m pool): 02:51.11 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.64	01:22.45	02:17.39	02:59.65	
	00:38.64	00:43.81	00:54.94	00:42.26	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:14, starttime: 15:05
Heat: 14/24 Lane : 0 Athlete: GHEKIERE JUNE					Q-time: 02:59:26
PB (50m pool): 02:52.31 Antwerpen 08/03/2026 PB (25m pool): 02:49.26 SB: 02:52.31 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.56	01:22.09	02:11.86	02:52.31	
	00:36.56	00:45.53	00:49.77	00:40.45	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:19, starttime: 15:25
Heat: 19/24 Lane : 1 Athlete: DEMAREST HAILEY					Q-time: 02:45:95
PB (50m pool): 02:45.95 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:39.76 SB: 02:48.33 Brugge 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.82	01:22.41	02:06.78	02:45.95	
	00:36.82	00:45.59	00:44.37	00:39.17	
					

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11+					Heat:19, starttime: 15:25
Heat: 19/24 Lane : 8 Athlete: CASTELEYN YANA					Q-time: 02:46:09
PB (50m pool): 02:44.70 Brugge 01/02/2026					PB (25m pool): 02:44.79 SB: 02:44.70 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.62	01:20.75	02:07.63	02:44.70	
	00:35.62	00:45.13	00:46.88	00:37.07	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:20, starttime: 15:25
Heat: 20/24 Lane : 3 Athlete: DEMUYNCK MARGOT					Q-time: 02:42:48
PB (50m pool): 02:42.48 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 02:37.43 SB: 02:49.69 Kortrijk 26/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.61	01:19.56	02:05.45	02:42.48	
	00:34.61	00:44.95	00:45.89	00:37.03	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:22, starttime: 15:35
Heat: 22/24 Lane : 1 Athlete: NOTREDAME INE					Q-time: 02:39:40
PB (50m pool): 02:39.40 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 02:36.11 SB: 02:43.07 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.87	01:14.33	02:03.47	02:39.40	
	00:34.87	00:39.46	00:49.14	00:35.93	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:22, starttime: 15:35
Heat: 22/24 Lane : 8 Athlete: BOUTTELEGIER ANAÏS					Q-time: 02:39:58
PB (50m pool): 02:39.58 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 02:36.49 SB: 02:40.92 Brugge 25/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.06	01:17.17	02:02.11	02:39.58	
	00:35.06	00:42.11	00:44.94	00:37.47	
					

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11+					Heat:23, starttime: 15:35
Heat: 23/24 Lane : 1 Athlete: MIGOM LOBKE				Q-time: 02:35:11	
PB (50m pool): 02:35.11 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:29.56 SB: 02:37.51 Brugge 25/01/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.65	01:11.66	02:01.19	02:35.11	
	00:33.65	00:38.01	00:49.53	00:33.92	
					

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 10-9				Heat:1, starttime: 15:55	
Heat: 1/2 Lane : 3 Athlete: DOOMS VIC				Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): 01:50.40 SB: no time	
	5 0 M	1 0 0 M			
PB	no time	no time			
	<i>no time</i>				
					

Coach feedback: